



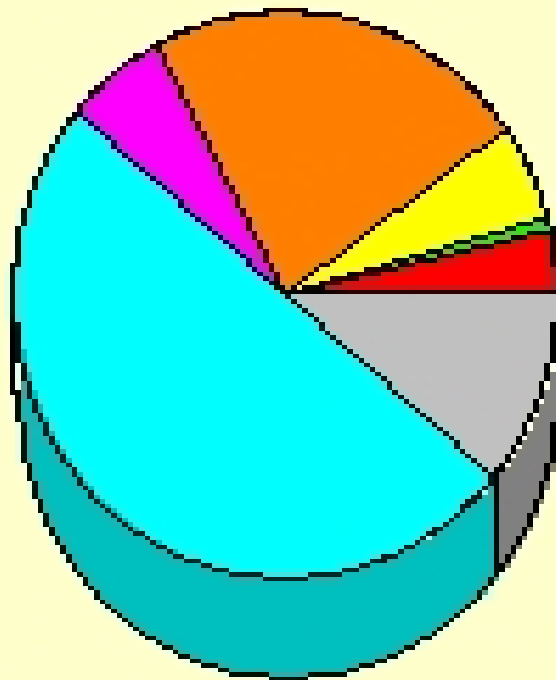
# *Collaborative Nutrition Education in a District Educational Infrastructure*

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# *MVUSD Demographics (07-08)*

## District Enrollment



0.4	American Indian
3.4	Asian
0.6	Pacific Islander
5.5	Filipino
23.1	Hispanic
5.8	African American
50.1	White
11.1	Multiple/No Response

# *District Free/Reduced Lunch*

	<u># of Students</u>	<u>% of Enrollment</u>
<b>Free/Reduced Meals</b>	<b>13,910</b>	<b>18.4%</b>

# *Setting the Stage and Creating the Vision*

## **A two-year process:**

**Forming the committee, K-8**

**Reviewing what is currently in place**

**In Science**

**In Social Science**

**In Physical Education**

**In Language Arts**

**In classroom management**

# *Reviewing Programs in Place*

- **Character Counts!**
- **Healthy Playgrounds**
- **School Lunch Menus**
- **Jump Rope for Heart**
- **DARE**
- **40 Developmental Assets**

# *Key Concepts:*

- **This is not an add-on program**
- **Teachers do not have to teach every health standard at every grade level**
- **All the standards are covered somewhere during K-5 and 6-8**
- **High School Health is taught in a required class**

# *What Else is in Place?*

- **Committee members went back to their schools and collected information on what else is already in place**
- **The science text includes a section on health at every grade level**
- **Some stories in the language arts text address healthy lifestyles directly**

# *Designing the Essential Building Blocks*

- The committee went through the Health Framework, filling in activities
- Standards and matching instructional support were listed for each grade
- What was missing?

**--Nutrition education resources**

# *Implementing the Strategies*

- **What programs/materials are needed to fill in the gaps?**
- **The committee reviewed available programs:**
  - **State-approved Health programs**
  - **Programs from the Dairy Council**

# *Sustaining and Continuing the Collaboration*

- **Committee members field tested selected materials**
- **They shared the process and materials with their grade level or department**
- **They created a one-page document for each grade level with key standards and supporting materials**

# *Sustaining and Continuing the Collaboration*

- **Selected materials and documents were adopted for use in the district**
- **The coordinator visited every school and shared the standards and materials with grade level leaders.**

# *What's next?*

- **Review of program with Assistant Principals**
- **Meeting with Health Committee to review effectiveness**